



**GUESTS OF ROTARIANS**

**Gary Nelson** introduced Earl Settlemyer

**Mike Bradburn** brought Mark Knittel with Data Doctors

**Joe Coons** introduced wife Judy Coons

**Fahri Ugurlu** brought Rud Browne

**Bryan Cartwright** introduced Brandon Hansen with Moss Adams

**Del Vandekerck** introduced Austin Huang, Father of Student of the Month from Squalicum High School, George Huang

**Chuck Farrell** introduced Joan Frazier, Mother of Student of the Month from Sehome High School, Molly Frazier

**Cathy Buckley** introduced Meg Jacobson & Dick McClenahan, parents of Student of the Month from Bellingham High School, Andrew F. McClenahan

**VISITING ROTARIANS**

**Pete Kremen**  
Whatcom North Rotary Club

**Ron Kelley**  
Mt. Baker Rotary Club

**THIS ISSUE:**

**Reporter:** Dale Kinsley

**Editor:** Robin Halliday

**Photographer:** Del Vandekerck

**OPENING REMARKS**

President Tim welcomed our students of the month who are outstanding students in the field of community service. He indicated that they have joined a room full of the community leaders - bankers, doctors, business leaders, heads of non-profits, educators, and professionals - who have discovered the value of community service as well. Members of Rotary come weekly to participate in community service; it is a very important task for all of us. If you assume that the average member of this club has been here for fifteen years, there is about 2775 years of community service in the room. President Tim pointed out that Rotary refers to "Service Above Self" and that serving other people in our community is important. He welcomed all the students and their families warmly in that spirit of service.

Don Anderson accompanied our singing of the Star Spangled Banner; John Cooper provided the invocation noting the beauty and new beginnings of Spring; and Jim Vos introduced visiting Rotarians.

**BUSINESS NOTES**

President Tim announced that there will be a New Member Breakfast next Monday, March 26, 2007 at 7 a.m. at Boss Tweed Restaurant. This is a good time for a make-up and an opportunity for new members to complete that part of their requirements.

President Tim reminded those who have signed up for the gourmet Chinese New Years dinner for this Wednesday, March 21 that the event will occur as planned. The full complement of members has signed up and should have a wonderful time.

Wayne Langei announced that RYLA, the Rotary Youth Leadership Program, had made a difference for participants in the past and will do so again this summer. This is a four-day leadership camp that provides rich opportunities for young adults to hone their skills in working with and leading others. This year we have three participants sponsored by our Club, including Kaitlin, daughter of Bob Sytsma. The cost for sending each participant is \$375 in tuition and is money well spent.

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**UPCOMING PROGRAMS**

**March 26**  
Bob Goodwin – Terraquarium

**April 2**  
Diane Bruland – Whatcom Hospice

**April 9**  
New Member Talks

**ROTARIAN BIRTHDAYS**

**Susan Edgar**, March 20th

**Drew Schmidt**, March 20th

**Bruce Smith**, March 21st

**Matt Hammatt**, March 24th

**Paul Landgen**, March 24th

**PARTNER BIRTHDAYS**

**Kris Grinstad**, March 20th

**Michael Aioldi**, March 24th

**Kelly Booker**, March 25th

**Melissa Theisen**, March 25th


**CLUB ANNIVERSARIES**

**Nancy Bitting**, March 23rd  
9 Years

**Bob Trunek**, March 25th  
5 Years

**This Tattler brought to you by:  
Bob & Mike Diehl**

**DIEHL FORD**

Design courtesy of  Tattler distribution provided by 

## HAPPY BUCKS RECOGNITION FINES

Will resume next week...

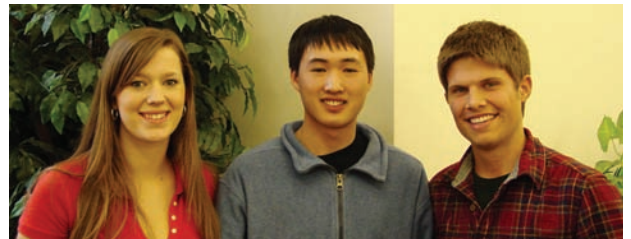
David Blair indicated that the Service Fund Committee had approved two projects thus far. One of the approved projects is to help fund playground equipment for the Family Learning Center at Bellingham Technical College. The second approved project provides support for the special education students at Sehome High School to participate in a program at the Monroe Correctional Institution, listening to inmates share the importance of making good choices. David announced that each project needs to be sponsored by a club member and can be up to \$1000. The Committee will be meeting after the meeting today to consider additional proposals. You are welcome to submit additional proposals.

Joe Coons opened the auction for a rare bottle of wine and gift certificates to the Harborside Bistro. Joe and Judy Coons donated the wine for this auction and proceeds will go to the Bellingham Rotary Foundation. Bidding started at \$600 with a final bid of \$1000 by Bob Morse. Congratulations Bob! And a special Thank You to Joe and Judy!

Jeff Jenkins announced the winners in the first round of the basketball pool.

## STUDENTS OF THE MONTH

Stephanie Bowers presented the three students of the month. These students are being recognized for demonstrating their commitment and follow through in providing community service. Stephanie pointed out that all three are wonderful students with good grades, extensive travel, extracurricular activities, and inspiring volunteer work.



Community Service Students of the Month

Those who are honored are:

George Huang, Squalicum High School, has great enthusiasm for business and music. His community activities include Make a Difference Day and fundraising for Hurricane Katrina relief. He is especially proud of his volunteer time at the St. Frances Child Care Center where he teaches children music every week. George shared his passion with the group, saying that he thinks every child should be exposed to music at an early age. He takes different instruments with him and plays various kinds of music. He hopes these children will come to love music as he does.

Molly Frazier, Sehome High School, spends 3-4 hours every day helping the special education Life Skills classroom at Sehome. She also accompanies these students as a peer mentor for off-campus activities. In the summer Molly has worked with the FACES (Families of Autistic Children Education and Support) Program and in the Adaptive Aquatics Program. She will be going to live in South Africa and will volunteer to work with autistic children there next Fall. She talked about the joy that she gets from working with these mentally challenged students. She hopes to be a special education teacher.

Andrew McClenahan, Bellingham High School, is recognized for his activities as a volunteer counselor with the YMCA Camp Orkila during the summer. In addition, Andrew recently participated in a Lobby Day in Olympia to speak with legislators about a Healthy Youth Act.

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Since 2005 he has served on the Teen Board of Advocates for Planned Parenthood and helped paint the interior of the Lighthouse Mission during Make a Difference Day. Andrew spoke about a specific camp experience with a young Korean student who could not speak English, but could connect with Andrew through pictures.

Certificates and key chains were presented to each student.

## PROGRAM

Margaret Curtis introduced today's program. The Rainbow Center was opened in 1997 under the auspices of the Whatcom Counseling and Psychiatric Clinic. It is a community center for adults recovering from mental illness. Members are greeted and checked in Monday, Wednesday, Thursday, and Friday from 9 a.m. to 3:45 p.m. The Center's mission is to provide a safe, supportive, and welcoming recovery oriented community where adults with mental illness can learn social skills, pursue recovery collaborating with peers and advocates, and educate the broader community about mental illness.

Margaret introduced Joan Dow and Russ Sapienza as today's speakers. Joan spoke first and explained that until about a year ago the Rainbow Center had been a drop-in, soup kitchen, informal spot for those with mental illness. About a year ago the Center began working to be certified as a Club House which requires new guidelines. All members must now be part of a working team in the Center: the kitchen team or the clerical team. This provides a more structured atmosphere.



Rainbow Center Speakers

Joan then described her own long bout with clinical depression and the various therapies that were available over the years. She shared that new medications have made all the difference in the world in providing balance and functioning without being angry and paranoid.

Russ Sapienza then asked the group "How many of you know someone with a mental illness?" Most hands in the room were raised. Russ recalled that mental illness used to be viewed as a sign of personal weakness, a character flaw. He and our society are now clear that this is just not the case. Russ also provided some of his own personal history battling severe depression. He came to Bellingham in 1997 and found the Rainbow Center. He began doing kitchen work at the Center and became a peer advocate in 1999. He has grown and learned more about himself by helping others function in the world with their illness. He shared that "Serving others is the key to knowing who you are." Russ then took a variety of questions. Russ shared that the Center serves 30 - 60 members per day and has a roster of 3000 people. He described how a normal day will flow, including meetings of peer advocates and staff. He shared that for members with drug or alcohol abuse issues regular Bridges meetings are held. The Rainbow Center is governed largely by members. More than 50% of the Advisory Board are both members and advocates.

President Tim expressed appreciation to Joan and Russ for sharing this information.

The drawing was won by Bruce MacCormack. Meeting adjourned at 1:30 p. m.

This Tattler brought to you by:

**Margaret Curtis**



# TATTLER

March 19, 2007

## 2006-2007

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### Club Website

[www.bellinghamrotary.org](http://www.bellinghamrotary.org)

District 5050 Website  
[www.district5050.org](http://www.district5050.org)

Look for updated Basketball Tournament information in next week's Tattler.



THE ROTARY CLUB *of* BELLINGHAM

BELLINGHAM'S FIRST ROTARY CLUB

1917-2005

*Club meets Mondays - 12:00 Noon @ Northwood Hall*

Look for the new "Tattler On Line" at [www.bellinghamrotary.org/tattler.htm](http://www.bellinghamrotary.org/tattler.htm)

*The Tattler*  
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